Unmasking Mental Health



Are the YASCIANS
Prepared for
the MATATAG
Curriculum? PAGE



Exciting Team Building Event for the YASCIANS in the Culinary Capital of the Philippines PAGE 6



MEMBER OF YASCI STUDENT ORGANIZATIONS

THE OFFICIAL NEWSLETTER OF YOUNG ACHIEVERS' SCHOOL OF CALOOCAN, INC



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AUGUST - OCTOBER 2023

A New Beginning: YASCI Reopens with Fresh Enthusiasm!

By: Ysabella Rose Abobo

The long-awaited moment has finally arrived as YASCI joyfully welcomed back its learners for the start of the academic year 2023-2024. With a renewed sense of enthusiasm and a commitment to excellence, the school campus came alive once again as familiar faces and new learners alike filled the halls with energy and anticipation.

Excitement radiated through the air as learners returned to the embrace of the school community, reuniting with friends and teachers after a well-deserved summer break. The

campus buzzed with chatter and laughter, reflecting the eagerness of both learners and staff to delve into another year of discovery, growth, and exploration.

As the first week of the new academic year unfolds, YASCI is poised to deliver on its promise of an inspiring and transformative educational journey. With a strong foundation of values, a dynamic curriculum, and a supportive community, learners are poised to embrace challenges, seize opportunities, and shape a future that reflects their unique potential.

The YASCI community is about to



write yet another captivating chapter in the school's history, one distinguished by accomplishments, tenacity, and a shared quest for excellence.

Prepare to witness the exciting growth of the learners into future leaders and innovators. This academic year embodies dedication to progress and honors each YASCI learner's unique talents and aspirations.

YASCIANS Dance Crew Stages a Spectacular Comeback at ISAAL Philippines Season 17

By: Maria Juliana O. Gomez

After a four-year hiatus, the YASCIANS Dance Crew made an electrifying return to the limelight at ISAAL the Philippines Season 17 High Modern School Dance Competition. Their absence seemed to amplify their passion and determination, and the crowd was eagerly anticipating their performance. page 6

Redefining fashion with a Sustainable Twist: MATHSCI-Fashionista 2023

By: Karl Christian C. Santiago

In a world where the fashion industry is increasingly urged to embrace.. page 6



Empowering YASCI Learners through the First Quarter Psychosocial Webinar

By: Louise Dale Lobitania

YASCI's Center for Guidance Services organized the First Quarter Psychosocial Webinar, demonstrating the institution's dedication to.. page 6

Celebrating YASCIans' Initiative: SPG and SSLG Induction Ceremony

By: Mariel G. Berdon

YASCI held a significant event on September 14, 2023, marking the induction ceremony for the Supreme Secondary Learner Government (SSLG) and Supreme Pupil Government (SPG) officers and advisers. The event, featuring Dr. Rey Revuelto's concluding remarks and Councilor Orvince Howard Hernandez administering.. page 6



editorial by: Kit Jasper Javate • kit.javate@yasc.edu.ph illustrated by: Paul Achiezen R. Reyes • paul.reyes@yasc.edu.ph

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Shaping the Future: The Vibrant Story of Sangguniang Kabataan Elections



angguniang Kabataan (SK) is a youth council composed of young individuals aged 15 to 30 years old, elected in every barangay (Basic Local Government) every three years. Regrettably, in the past, some SK officials were elected solely because of financial backing, without a genuine commitment to youth development. In the upcoming election, it's apparent that some of the candidates lack the qualifications and credentials to prove their suitability for the role. Credentials matter; they are the basis for voters' decisions. When it comes to public service, we need more than just "perfect attendance" or "best player" awards. We need qualified candidates who are ready to take responsibility for their roles.

While credentials aren't the sole factor in assessing a person's potential as a leader, they do provide insight

into a person's leadership qualities through past experiences. We must elevate our standards when choosing our public officials to ensure a better community and the provision of excellent leadership and skill development. Electing unqualified candidates could hinder the potential of the Filipino youth, who are the hope of our nation. The choice is not merely about casting a vote; it's about investing in the future. It's about choosing leaders who embody the virtues of integrity, responsibility, and a sincere passion to create a better society. As the youth of today will be the leaders of tomorrow, it's our collective responsibility to ensure that the foundation upon which they build is solid and nurturing.

The message is clear: the youth deserve leaders who are not just figureheads but individuals deeply rooted in the soil of service, empathy, and genuine commitment.

Have Something to say?

Stylus Gazette is always interested in hearing your opinions! Email your submissions to stylus.gazette@yasc.edu.ph

We want to hear your voice!

Submission Policy

We welcome contributors from our readers in the forms of letters to the editor and guest Column should provide information that furthers education on the many problems and environments we experience daily. Please specify whether your article is intended as a letter to the editor or a column. We reserve the right to edit all submissions.

Celebrating YASCI's Most Beloved Teachers on World Teachers' Day

By: Shanara Santos

On October 5, 2023, the Young Achievers' School of Caloocan Inc. came together to celebrate World Teachers' Day. It was a day of appreciation and gratitude, as well as an opportunity to recognize the school's most beloved teacher in a competition organized by the Student Government Council (SSG). This competition, aptly named "Most Lovable Teacher," saw students expressing their gratitude by writing letters to their teachers. The teacher who received the most letters would earn this

special title, and even those who didn't claim the top spot would hold a special place in the hearts of their students.

The title of "Most Lovable Teacher" for the Junior High School category was awarded to Mr. Jerome Obrence. One student shared her reason for writing a letter to Mr. Jerome, "The SSG team decided to support Sir Jerome because he's our adviser. But the content of my letter was filled with greetings and a heartfelt thank you. He's not just kind; he's humorous, easy to connect with, and a hassle-free teacher."

essence, it wasn't just about his role as the SSG adviser; students appreciated his approachability, care, and kindness.

As the day came to a close, YASCI's teachers received simple yet meaningful tokens of gratitude. Students organized a delightful surprise—a dance presentation performed in front of the teachers and staff members. Alongside the performance, each teacher and staff member was presented with a symbolic rose, signifying the love and appreciation the YASCI students hold for their educators.



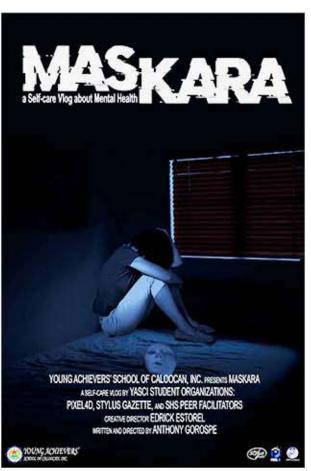


The celebration became a cornerstone of the YASCI community, instilling a culture of appreciation and acknowledgment for the incredible work done by teachers. It set the tone for ongoing support and recognition, ensuring that the bond between teachers and learners continued to flourish, creating a nurturing and supportive educational



environment at the school. It was a celebration not just of a day but of the enduring commitment and appreciation for the guiding lights of knowledge and wisdom in the lives of the learners at YASCI.

Unmasking Mental Health: YASCI's Commitment to Student Well-being



By: Kit Jasper Javate

YASCI has recently unveiled its official healthcare vlog, focusing on the critical theme of "Mental Health Awareness" as a means of fostering a stronger connection between students and essential well-being topics.

"Maskara", as the vlog is aptly named, delves into the daily challenges faced by teenagers. It boldly reveals the hidden truths that many individuals carry beneath their everyday facades. This vlog aims to spark open discussions regarding the issues that affect students, both inside and outside the school environment.

At YASCI, we firmly believe that such critical subjects deserve greater attention, especially for students grappling with high expectations and the pressures of the educational system, which can often lead to anxiety and depression. We are deeply committed to creating a secure and nurturing learning environment for Yascians, where they can flourish while exploring their identities.

Our community is dedicated to supporting students as they navigate the complexities of life, fostering a positive and self-loving atmosphere.



The Young Achievers' School of Caloocan Inc. is wholeheartedly committed to providing a safe space for Yascians to express their voices and share their experiences on topics as significant as mental health.







PAGE 6 AUGUST - OCTOBER 2023

YASCIANS Dance Crew Stages Spectacular Comeback at ISAAL Philippines Season 17

By: Maria Juliana O. Gomez



cont.. The Senior High School's YASCIAN Dance Crew achieved a remarkable 9th place among 27 talented teams through their breathtaking contemporary dance performance. Their seamless transitions, flawless agility, and emotional expressions captivated the audience, showcasing their unwavering dedication and hard work. Supported by the YASCIAN community, their comeback journey was celebrated with electrifying energy, demonstrating the power of perseverance and teamwork. Their inspiring story highlights the impact of passion and dedication, leaving an unforgettable impression on all who witnessed their spectacular return to the stage.

Redefining Fashion with a **Sustainable Twist:** MATHSCI-Fashionista 2023

By: Karl Christian C. Santiago

cont.. innovative and creative minds took center stage on September 25, 2023, at the highly anticipated MATHSCI-Fashionista event. This unique showcase served as a testament to the power of redefining fashion with a sustainable twist, as Junior High School learners transformed

recyclable materials into stunning and innovative outfits, pushing the boundaries of conventional design and creativity. The event featured an impressive array of designs crafted entirely from recycled and upcycled materials, showcasing the imaginative resourcefulness of the learners. Each outfit on the runway carried a powerful message of sustainability, urging a shift in the fashion industry towards more eco-conscious practices. What set this event apart was not only the visually captivating designs but also the blend of art, sustainability, and technological innovation, highlighted through interactive displays that quantified the environmental impact of each garment, reinforcing the importance of sustainability to the audience.

Are the YASCIANs Prepared for the MATATAG Curriculum?

By: Frances Nicole Nuñez

The MATATAG Curriculum in the Philippines responds to the pressing need for an effective educational system to address learning losses and meet children's educational needs. This innovative approach focuses on creating a robust educational foundation by significantly reducing competencies and core subjects, transitioning from the K-12 to the K-10 Curriculum. By concentrating on five essential areas-Language, Reading & Literacy, Mathematics, Makabansa, and GMRC-the curriculum aims to streamline learning

experiences for students. The MATATAG adopts a learner-centered Curriculum approach, nurturing self-motivation, analytical skills, and practical abilities to prepare learners for future careers. It also prioritizes social and environmental awareness, fostering global citizenship through sustainability, cultural appreciation, and community engagement. Collaboration among educators, administrators, and stakeholders is essential for the success of this well-rounded curriculum. positioning it as a trailblazer in educational progress in the Philippines.



Empowering YASCI Learners through the First Ouarter Psychosocial Webinar

By: Louise Dale Lobitania

cont.. learners' holistic development beyond academics. Acknowledging the blend of academic and personal challenges, the webinar provided vital support, aiming to create an environment where learners can flourish not only academically but emotionally and socially. YASCI values education beyond textbooks, aiming to nurture emotionally intelligent and socially adept individuals through guidance and open discussions. It

Celebrating YASClans' Initiative: SSLG and SPG Induction Ceremony

By: Mariel G. Berdon

cont.. the oath of office, emphasized the commitment and dedication of the newly elected officials. The Inaugural speeches by the SSLG and SPG presidents highlighted their leadership qualities, inspiring peers to uphold high standards and unity.

Dr. Rey Revuelto's emotional coinciding with his birthday, empasized the influential role of educators in shaping young individuals. The event underscored the importance of leadership in shaping the future. focusing on service rather than mere status or power. It aimed to prepare YASCI's student leaders to serve with passion, integrity, and a dedication to improving the community's well-being.

exercises. Villa Altredos

Villa Alfredo's Resort is positioned as an escape from the daily academic pressures, offering an array of leisure activities for the students. Despite the modest cost, the experiences during this high school event are expected to create lasting memories for the Yascian students. It's an opportunity for the community to connect, forge unforgettable memories, and strengthen the bonds among

This eagerly anticipated event, occurring after a prolonged hiatus, not only presents an opportunity for enjoyment but also serves as a means for the Yascian students to come together, foster deeper connections, and create cherished moments. The field trip's return to Villa Alfredo's Resort marks a significant occasion where students can enjoy diverse activities while building lasting relationships within the Yascian community.

YASCIANs in the Culinary Capital of the Philippines By: Leon Marcos T. Ramirez

the importance of nurturing

and academically proficient

resilience, and knowledge

holistically, acknowledging

YASCI remains dedicated to holistic student

development, pledging to continue and expand

initiatives like the Psychosocial Webinar. The

institution aims to cultivate well-rounded individuals, emphasizing emotional intelligence

alongside academic excellence. By nurturing a

community valuing both academic proficiency

and emotional resilience, YASCI endeavors to

equip students with the skills and mindset to

Exciting Team Building Event for the

confidently confront life's diverse challenges.

Yascian students eagerly anticipate the revival of their long-awaited field trip, which was paused for three years due to the pandemic. The upcoming team-building event, set in Pampanga's culinary paradise at Villa Alfredo's Resort, generates significant excitement among the students. This haven promises a plethora of engaging activities tailored to various interests, including swimming pools, children's wading pools, Jacuzzis for relaxation, free Wi-Fi, an aviary, a marine life aquarium, and team-building

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ACROSS

- Anxiety is 2. 1/5 Canadians struggle with illness.
- therapy uses play activities to help children through mental & emotional issues.
- A persistent, excessive, unrealistic fear of an object, person, animal, activity or situation.

DOWN

- A long-lasting disorder in which a person experiences uncontrollable and recurring
- Most common form of mental illness
- A state of extreme sorrow, suffering, or pain.
- 8. When we replace "I" with "We" illness becomes

TEC T IONY LNAOBKA GHA R ME E OM ANO E W E Y SES IURB V C Z CSU P 0 T DOMESTICFXP

MENTAL HEALTH **EMOTIONAL** DOMESTIC ABUSE SUPPORT WELLBEING CUT HEALTH DSL MALTREATMENT LISTEN VULNERABLE ACCOUNTABILITY HARM AGENCIES

MASH PARTNERSHIP BRUISES

PHYSICAL DISCLOSE

CHILD SOCIAL WORKER INTELLECTUAL PROTECTION

Riddle Corner

I can cause distress and make you feel low, But taking deep breaths can help me go. What am I?

SRSEST

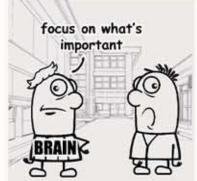
When life throws challenges, I stand tall, Bouncing back from setbacks. I won't fall. What am I?

IRSECL

I am a thread weaving connections tight. Building relationships, bringing joy and light. What am I?

ICSA UPOPTRS

Yang-yangchr









SEORIS

SHS
Sportsfest
2023 is
off to an
amazing
start!

By: Louise Dale Lobitania & Eurica Lhee B. Basilio

Different colors are showing up! The opening of the YASCI SHS Sportsfest kick-off happened on October 13, 2023. The opening occurred at YASCI's covered court with the theme "Fostering a Thriving Camaraderie Culture: Elevating Excellence and Wellness through Competitive Sports." Different colors embarked on different fighting auras as every strand of SHS students gave their best to show their pride in their respective teams.

The YASCI SHS students proudly represent the ABM-Jaguars, GAS-Dragon, HUMSS -Serpent Warriors, STEM-Raptors, H.E.-Red fighters, and ICT-Cyber Falcons with their Team Leaders. Following the welcome and introduction of the teams by strand, a doxology by selected students guided the program and its students and teachers. Immediately after such events, they formally started the torch-lighting ceremony, reflecting their enthusiasm and friend

ceremony, reflecting their enthusiasm and friendship. In the final run, Daniel Pedaria Belotindos, the captain of YASCI Basketball Blue Scorpion and the one who would fire the cauldron and deliver the oath to their fellow athlete. Subsequently, Ma'am Janette Hernandez Isuela delivers the final oath-taking address, officially starting the Sportsfest 2023 for the Senior High School (SHS) students. Following the welcome and introduction of the teams by strand, a dance performance by SHS Department and YASCI dance crew was enjoyed by both students and teachers. Moreover, the ceremony bestowed recognition on outstanding achievements. The ICT Cyber-Falcons were honored for their exceptional

jersey design, flaunting a striking green-black color combination that embodied their team spirit. Additionally, Ms. Andrea B. Co from STEM-Raptors received the title of Ms. YASCI SHS Sportsfest, while HUMSS-Serpent stood out for their spirited and memorable yell, amplifying the overall enthusiasm of the gathering.

The warm and optimistic start to the SHS Sportsfest 2023 culminated with a closing remark from Vice Principal Dr. Rey V. Revuelto. His words echoed the sentiment of teamwork and sportsmanship, encapsulating the ethos of collaboration and unity, fostering a harmonious yet competitive environment for the ensuing athletic events. The event's theme,

"Fostering a Thriving Camaraderie Culture: Elevating Excellence and Wellness through Competitive Sports,"

underscored the essence of not just competition but also the development of character and camaraderie among the students. The inaugural games kicked off the sports extravaganza, pitting the STEM girls against the GAS team in a thrilling volleyball match. The hard-fought game concluded with a victory for STEM, showcasing their prowess on the court. The MVP award was rightfully earned by Megumi V. Asilum, a Grade 12 STEM student, recognized for her exceptional performance during the match.

In a parallel display of skill and athleticism, the first basketball game among the boys' teams saw a showdown between STEM

and GAS. The intense match ended in favor of STEM, securing their in victory the tournament. Isaias Mark B. Adolfo, a Grade 12 STEM student, was awarded the MVP for his remarkable contribution standout performance during the game. These thrilling opening matches set the tone for an event filled with excitement and competitive spirit, igniting the passion and enthusiasm of the SHS students participating in the YASCI Sportsfest.

"It's not the team with the best players that win, It's the players with the best team

WINS," - Steven Thornley a great start to sportsmanship, a good game it may.

This energetic start promises an exciting journey ahead, brimming with exhilarating games, encouraging spirited participation, and uniting the YASCI community through the spirit of healthy competition and mutual respect.

